



## Health Policy and Action Plan (2003)

Minute Number: 1865/03

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Minute No. CL/JUL/1865/03

That the Committee endorse the recommendations of the Community Development Committee and recommend adoption of the draft Health Policy and Action Plan by Council.

### MINUTE NO. CD/NOV/1817/03 - COMMITTEE DECISION

That the Health Policy and Action Plan attached as Appendix "D1 - D23" be considered and referred to Strategic Management Committee for endorsement and recommendation to Council for adoption.



*Te Kaunihera o*  
**MANUKAU**  
*City Council*

# **DRAFT - HEALTH POLICY AND ACTION PLAN**

To improve the health status of Manukau residents 2003-2010  
Mo te whakapai ake i te oranga mo nga iwi o Manukau 2003-2010

# HEALTH POLICY AND ACTION PLAN FOR MANUKAU CITY COUNCIL

**Vision :** Healthy and economically secure people

**Mission:** To improve the health status of Manukau residents 2003 - 2010

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# INTRODUCTION

Local authorities are key public health agencies. They have major responsibilities and concerns for *'the health of the public'* rather than *'publicly-funded health care'*.

Current health statistics for Counties Manukau indicate that collective action and advocacy continues to be important if reductions in inequalities in health status and better health outcomes are to be achieved for the people who live in Manukau.

Manukau City Council has a lengthy track record in promoting the health service needs of its communities. It has supported this promotion through advocacy, intersectoral collaboration, asset development and service delivery.

Council's commitment to these roles is ongoing and supports the public health roles of District Health Boards and other public health service providers. Council believes that better health for everyone will be achieved through coordinated collaborative action with other providers of public health protection and promotion services, and partnerships with the communities that local authorities are resourced to serve.

Manukau City Council has no role in the provision of primary, secondary or tertiary health care. These are for the most funded and provided by central government agencies (e.g. District Health Boards).

Council acknowledges the leadership role of the Counties Manukau District Health Board and supports its vision to;

- Improve the health status of the population
- Address disparities in health status with an emphasis on Maori and Pacific disparities
- Promote the independence of people with disabilities
- Give effect to the principles of the Treaty of Waitangi by building partnerships with Maori into governance and operations
- Set the foundations for a cultural of mutual respect, cooperation and collaboration in relationships with others
- Ensure delivery of the right care, in the right amount, at the right time, and in the right setting
- Recognise that health services are one determinant of population health status, and work with other agencies to achieve synergistic gains in health and independence.

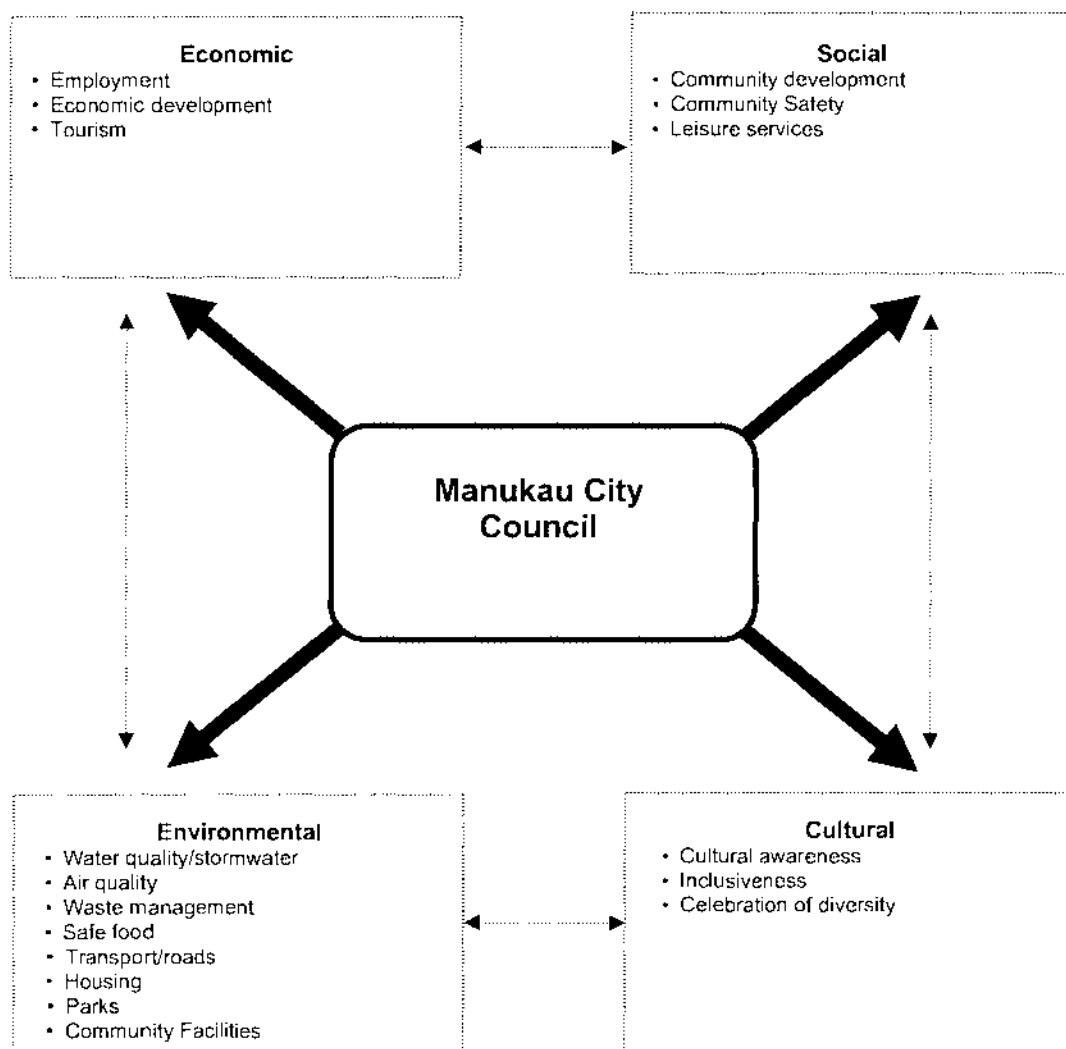
This policy and action plan is designed to complement rather than duplicate the roles and activities of the Counties Manukau District Health Board.

Manukau City Council, as well as legislative and regulatory responsibilities also holds particular and specific roles and responsibilities for achieving and maintaining high standards of health and wellbeing, through the protection and enhancement of economic, social, cultural, natural and built environments.

These roles and responsibilities include work to achieve those community outcomes identified in the Local Government Act as including 'any additional outcomes subsequently identified through community consultation by the local authority as important to the current or future social, economic, environmental or cultural wellbeing of the community' (Section 5 - Local Government Act 2002). See Figure 1.

That is why this health framework and its policy and action plan are linked with other policies and priorities for Council. These links are outlined in Appendix 1 where public health priorities, desired outcomes and Council's existing or proposed policy frameworks are aligned to Tomorrow's Manukau's health goals.

**Figure 1: Dimensions that affect health and wellbeing**



This Health Policy and Action Plan for Manukau City Council includes

- Action Plans and projects for Council and, where applicable, its partners. These are directly linked to the health related goals of Tomorrow's Manukau/Manukau Apopo.
- Descriptions of partnerships which are currently resourced by Council for advocacy and programmes for health to population health outcomes in Manukau.

- Principles and statements confirming Council's commitment to policy and service development that promotes the health and wellbeing of Maori, Pacific People, New Settlers Disabled People of all ages who live in Manukau City.

## **WHY DOES MANUKAU CITY COUNCIL NEED A HEALTH POLICY AND ACTION PLAN?**

Historically local government has been at the centre of enhancing and protecting public health through the provision of services such as waste collection and disposal, sewerage systems and drinking water supplies.

Manukau City Council also has a history of being at the forefront of promoting public health through coordinating policies and programmes, e.g. Healthy Cities and Safety Community Council. To date this role has been undertaken in partnerships with the Ministry of Health and the Crime Prevention Unit.

Council supports and co-ordinates community development programmes and promoted community wellbeing through the provision of parks, recreation facilities, libraries, employment creation, planning, education and public information, and a community development policy framework.

The funding for advocacy and programmes for health outlined in its Long Term Community Consultation Plan (LTCCP) demonstrate Council's commitment to community health and wellbeing by;

- continuing to play a lead role in community health and wellbeing strategies the implementation of the strategic plan and public health goals of the Counties Manukau District Health Board and its advisory committees,
- being a key partner in protecting and improving the health and quality of life of Manukau communities, and in reducing health inequalities in the City,
- tackling the wider determinants of population health by identifying, addressing and preventing current and future health risks.
- providing leisure services which are settings for promoting active lifestyles and positive health outcomes for the people who use them.

## TIRITI O WAITANGI

Manukau City Council has a declared commitment to defining and developing Tiriti o Waitangi/Treaty of Waitangi relationships for Manukau City. The policy development, consultation procedures and work programmes outlined in this policy and action plan reflect Council's support for work that is aligned to and supports efforts by Maori to exercise control over their health and wellbeing.

It also seeks to demonstrate Council's commitment to, and action related to Te Tiriti o Waitangi as a fundamental document in the establishment of an equitable society in Aotearoa/New Zealand through the principles of participation, partnership and protection.

Through the Treaty of Waitangi related provisions of the Local Government Act 2002, local authorities are required to facilitate the participation of Maori in decision-making processes which occur at both governance and organisational levels. This has relevance to all Council developed and driven policies, strategies and service delivery functions that impact on the social, economic, environmental and cultural wellbeing of Maori in Manukau. The inclusion of Mana Whenua and other Maori in these processes is a key means by which participation can be enhanced.

This Health Policy and Action Plan addresses Council's commitment to Te Tiriti/Treaty of Waitangi

Rapua te huarahi whanui  
Hei ara whakapiri  
I nga iwi e rua  
I runga I te whakaaro kotahi

Seek the broad highway  
That will unite the two people  
Towards a common goal

## TOMORROW'S MANUKAU/MANUKAU APOPO

Tomorrow's Manukau/Manukau Apopo is a blueprint for progress towards a Progressive, Proud and Prosperous Manukau City by 2010. The plan defines directions for achievement of specific goals through collaborative action towards specific outcomes.

One of five key action 'strands' for Tomorrow's Manukau is *'Healthy and Economically Secure People'*. The goals and targets associated with it focus on improving the health status of Manukau residents and improving the economic and social wellbeing of the many people in Manukau who suffer poorer health than the rest of the region.

Tackling the physical, social, cultural, economic and spiritual determinants of health status, (as well as the biological and genetic determinants) is accepted as a fundamental requirement for improving the health of individuals, communities and populations.

Priorities for the Health Plan for Tomorrow's Manukau are;

- Healthy people
- Fit and active people
- High standards of public and environmental health
- Income support for people who are not self-sufficient

- Personal and community safety
- Affordable accommodation
- Healthy homes
- People working together to achieve results
- A Manukau voice in regional and national issues

As well as the goals in Tomorrow's Manukau Council is also committed to the creation of a '*Clean, Safe and Smart City*'. In terms of the health of Manukau people this means that Council has a co-ordinated and committed role in working together internally and with others for the sustainable development of the City and the wellbeing of all its citizens.

## PLAN PRINCIPLES

Five principles of commitment for Manukau City Council have been developed as part of the consultation and development process for this health policy and action plan. They are:

### 1. **Commitment to Health**

The policy and action plan shall affirm the holistic nature of health, recognising the interaction between its physical, mental, social, cultural and spiritual dimensions. Promotion of health and prevention of disease are its priorities and Manukau City Council recognises how many of its roles and functions can influence health. It is committed to working together with others to improve the health and wellbeing of its people.

### 2. **Commitment to Healthy Public Policy**

The success of this health policy and action plans will be reflected in the degree to which policies and programmes that enhance settings for healthy living are evident throughout the city. This policy and action plan shall strengthen the contribution of such policies and programmes by influencing the political decisions of Manukau City Council and shall achieve its goals when homes, schools, workplaces and other parts of the urban environment become healthier settings in which to live, travel, work and play.

### 3. **Commitment to Intersectoral Action**

Organisations working outside of the health sector contribute to its enhancement. This policy and action plan shall create organisational mechanisms to bring together collective groups to implement collaborative action.

### 4. **Commitment to Community Participation**

People participate in health through their lifestyle choices, their interaction with health services, leisure services and fitness centres, the physical environment, and their involvement with community groups. This policy and action plan shall promote active roles for people in all these areas.

### 5. **Commitment to Innovation**

Promoting health and preventing disease through intersectoral action requires a constant search for new ideas and methods. This policy and action plan depends upon creating opportunities for innovation within a climate that supports change.

Research and evaluation which supports effective action are significant ingredients for implementing this policy and action plan.

# PARTNERSHIPS

Manukau City Council's involvement with advocacy and programmes for health has always been characterised by partnerships with the community and the Ministry of Health.

Te Ora o Manukau, Manukau the Healthy City, Injury Free Counties Manukau, Health Promoting Schools are the evidence of these partnerships.

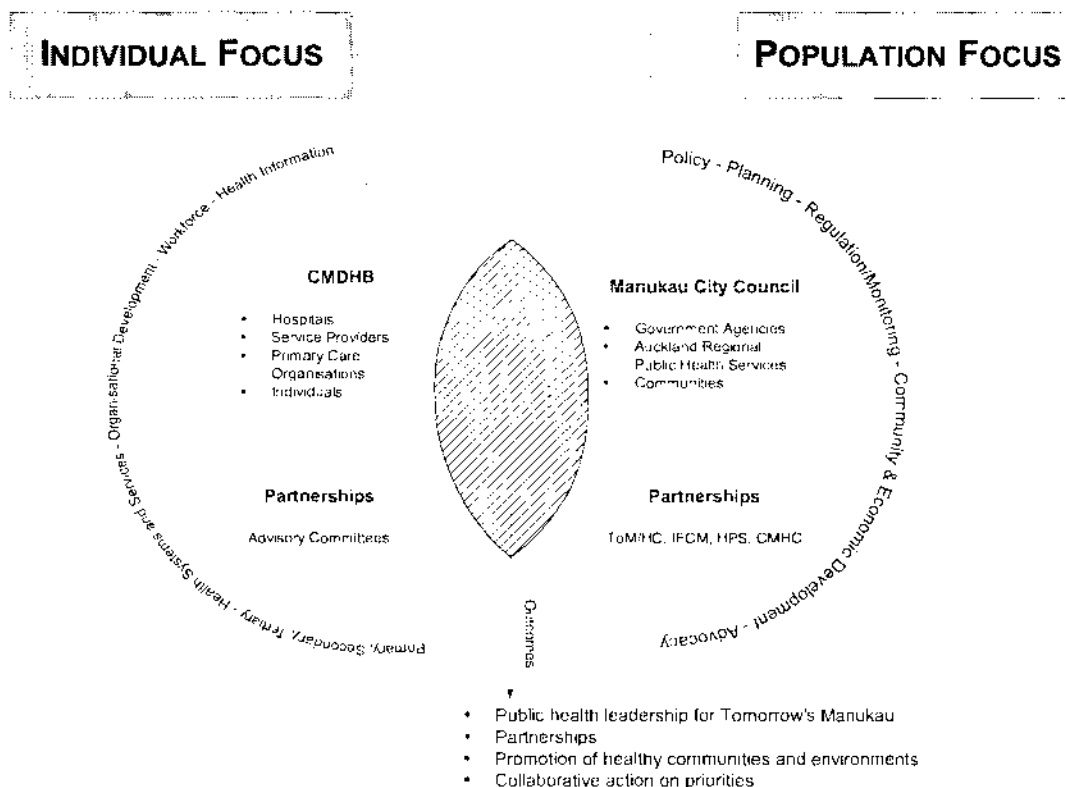
Counties Manukau Health Council is jointly funded by Manukau City Council and Papakura District Council.

In 2001 Council developed a position paper - '*Community Partnerships*'. It evaluated existing models and discussed future possibilities for these and other partnerships.

A key element of the action plan is a review of Council's partnerships with a view to developing a capacity building programme for public health action in Manukau; (refer Action Plan Goal 9).

Figure 2 shows the outline model of key partnerships for this Health Policy and Action Plan.

**Figure 2: Model of Key Partnerships**



## Te Ora o Manukau/ Healthy Cities

Manukau City Council formally established Manukau the Healthy City in 1989 following a development period of two years. A Healthy City Charter was signed by fifteen signatories.

A second Healthy City Charter with thirty-four signatories was signed in 1995 and in 1999 a third charter was signed with forty-nine signatories. This marked the beginning of a bicultural governance structure for Te Ora and Healthy Cities that reflects a commitment to Te Tiriti o Waitangi for the whole organisation.

**The Vision of Te Ora o Manukau**

We are committed to quality life and wellbeing for all Manukau people and to Te Tiriti o Waitangi. We undertake to work in partnership, to share our resources and to co-operate. Holding the vision of *'Healthy for all'* we strongly advocate full participation of our staff and volunteers towards this goal.

In this health policy and action plan the Te Ora o Manukau/Manukau the Healthy City and the Manukau Child Advocate will develop a Collaborative Plan of Action to Reduce Child Poverty. (See Action Plan Goal 1)

Te Ora o Manukau will be closely involved with advocacy and programmes that relate particularly to improving Maori health and wellbeing.

***Counties Manukau Health Council***

Counties Manukau Health Council was established in 1991 to act as an advocate for the community to key players involved in health policy, funding and service provision.

The Health Council is made up of elected representatives from Manukau City Council, Papakura District Council, and nominated representatives from Mana Whenua, Taura Here, Pacific Peoples and Franklin District Council. Asian community representatives joined the Council in 2003.

The Health Council is funded by Manukau City Council, is administrated by an Executive Officer and employs a researcher. It has a Constitution which requires it to meet four times a year. Additional meetings and workshops are held on specific health issues.

Recommendations from community health forums, held twice yearly in Counties Manukau District are reported to the Counties Manukau District Health Board, Ministry of Health and other relevant agencies.

Since its establishment, the Health Council has developed cooperative working relationships with regional and national agencies and providers and this has contributed to the successful outcomes achieved.

# TRANSLATING NATIONAL HEALTH STRATEGIES INTO COMMUNITY ACTION

It is important to recognize that this policy and action plan is set in the context of national public health policy. The National Health Strategy (2001) and subsequent policies advocate for intersectoral collaboration to improve public health outcomes. The objectives of these key strategies are summarised in this section.

1. ***New Zealand Health Strategy (Ministry of Health 2001)*** – This is an overarching strategy for public health, providing the government's priorities and strategic directions for action to improve the health of all New Zealanders.

It identifies thirteen priority health objectives aimed at improving the health status of the population;

- smoking
- nutrition
- obesity
- physical activity
- suicide
- alcohol and illicit and other drug use
- cancer
- cardiovascular disease
- diabetes
- oral health
- violence
- mental illness
- child health care services

Strategic directions focus on reducing inequalities in health status by ensuring accessible and appropriate services for Maori, Pacific People and people from lower socio-economic groups.

2. ***He Korowai Oranga (Ministry of Health 2002)***

He Korowai Oranga, government's Maori Health Strategy, places whanau ora at the centre of a holistic model of health and wellbeing, a concept recognised and adopted as part of this policy and action plan - See Action Plan Goal 1.

The goals of He Korowai Oranga are:

- fostering Maori community development
- building on Maori models of health
- removing barriers
- increasing Maori participation in decision-making
- increasing Maori provider capacity and capability
- developing the Maori health and disability workforce
- addressing health inequalities for Maori
- improving mainstream effectiveness
- providing high-quality service
- improving Maori health information
- encouraging initiatives with other sectors that positively affect whanau ora

3. **'Achieving Health for All People' (Ministry of Health 2003) – A Framework for Public Health Action** for the New Zealand Health Strategy.

This strategy recognises that it is not a single service or intervention that forms the basis of effective public health action but rather the organised efforts of society itself.

The framework has five objectives;

- (i) Building strong public health leadership at all levels and across all sectors
- (ii) Encouraging effective public health action across the whole of the health sector
- (iii) Promoting healthy communities and healthy environments
- (iv) Making better use of research and evaluation in developing public health policy and practice
- (v) Achieving measurable progress on public health outcomes.

4. **Pacific Health and Disability Action Plan**

The Ministry of Health's Pacific Health and Disability Action Plan has identified key competencies in health priority areas, which this policy and action plan recognises.

Capacity building is fundamental to reduce social and economic disparities amongst Pacific Peoples and their communities.

Manukau City Council's Pacific Islands Advisory Committee members have indicated that improved levels of employment, education, housing, workforce development and community capacity building, as well as the promotion of healthy lifestyles, will make the greatest contributions to improving the health and wellbeing of Pacific families and communities within Manukau. Manukau City Council endorsed the Ministry of Pacific Island Affairs Capacity Building Strategy in 2000 and is committed to the objectives in the associated Manukau City Programme of Action.

## **SUPPORT FOR OTHER COUNCIL POLICIES AND ACTION PLANS FOR TOMORROW'S MANUKAU**

### ***Pacific Peoples' Policy and Action Plan***

This policy and the Pacific Peoples' Economic Development Framework outlines commitment and involvement in co-ordinating strategies on employment, education, health, housing and youth relevant to Pacific communities and improving their quality of life.

### ***New Settlers' Policy and Action Plan***

Council's New Settlers Policy and Action Plan is a framework for developing its response to the priorities, needs and aspirations of its New Settlers communities. Specific health and disability issues are highlighted for further attention by Council.

### ***Community Safety Strategy and Action Plans***

Health and safety are closely linked components of community wellbeing. Council's community safety strategy focuses on crime prevention, road safety, emergency management, health-related safety issues, environmental safety and youth and family

safety. This Health Policy and Action Plan recognises that alcohol abuse, problem gambling, and family violence can adversely affect community wellbeing and produce costly social and economic harm to the City.

***Disability Policy***

Disabled people make up at least one in five of New Zealand's population. Incidence is even higher in Manukau. The New Zealand Disability Strategy 2001 is governments "long term plan for changing New Zealand from a disabling to an inclusive society". Development of a Council Disability Policy will provide a framework for service planning and policy alignment.

***Marae Policy and Strategic Plan: Te Tiriti o Waitangi***

These are specific policy and organisational initiatives that focus on community and Council's abilities to contribute to Maori Health and Wellbeing.

# ACTION PLAN

## Goal 1 – Healthy People

Manukau City Council will:

- Contribute to Maori Health/Wellbeing through marae development, capacity building and advocacy (\$30,000)
- Support the Tomorrow's Manukau/Manukau Apopo "Collaborative Plan of Action to Reduce Child Poverty" (\$10,000)
- Endorse and support Counties Manukau District Health Board strategies for health promotion, 'well child' and Primary Health Care
- Improve youth health/wellbeing through:
  - Increasing Manukau involvement in youth-health related websites e.g. www.urge.co.nz (\$5,000)
  - Youth alcohol harm minimisation project (\$50,000)
- Youth Health Policy Action Plan
- Support groups delivering effective programmes for safe and healthy lifestyles
- Promote healthy and active lifestyle programmes (\$5,000)
- Advocate for improved health services and resources for Manukau people – to reduce waiting lists and increase access to GPs cross the city
- Work with Ministry of Health and other partners on programmes addressing illicit drug use in Manukau.

### Council Teams Involved

- Community and Economic Development – Community Development and Leisure Services – Environmental Management – Transport and Road Safety Co-ordinators

### Partners

- Mana Whenua – Taura Here – Te Ora O Manukau/Manukau the Healthy City (and signatories) – Counties Manukau Health Council – Counties Manukau District Health Board – ALAC – Injury Free Counties Manukau – Health Promoting Schools – Ministry of Health – Auckland Regional Public Health – Counties Manukau Sport - Primary Health Organisations - Community Groups - Non government organisations - Tomorrow's Manukau Stakeholders - Child Advocate

**Budget sought 2004/05: \$100,000**

## Goal 2 – Fit and Active People

Manukau City Council will:

- Promote programmes and activities to "get more people more active more often" i.e. 2.5 hours plus per week in active leisure
- Develop a Walking Support Centre Project for Barry Curtis Park (\$20,000)
- Support collaborative projects to promote physical activity involving Council activities and settings (\$10,000)

### Council Teams Involved

- Community and Leisure Services – Community and Economic Development – Flatbush Team – Environmental Management

### Partners

- Primary Health Organisations – Counties Manukau Sports – Tomorrow's Manukau community groups - Counties Manukau District Health Board - Tomorrow's Manukau stakeholders

**Budget sought 2004/05: \$30,000**

### **Goal 3 – High Standards of Public and Environmental Health**

Manukau City Council will\*:

- Improve storm water quality
- Maintain and protect environment from landfill contaminants
- Reduce risks of flooding
- Control dogs
- Monitor and enforce environmental standards by:
  - registering food premises
  - measuring beach water quality
  - managing noise
  - monitoring and approving licensed premises and activities
- Managing and providing high quality:
  - public waste supplies
  - wastewater collection services
- Contract for provision of environmental health education services
- Reduce alcohol-related problems in Manukau

\* See also Appendix 1 – priorities and plan goals

#### **Council Teams Involved**

- Environmental Management – Environmental Management Services – Manukau Water

#### **Partners**

- Auckland Regional Public Health - Tangata whenua – Otara Health – Police – Watercare Services Ltd - Tomorrow's Manukau stakeholders

\* These actions are funded through other Council budgets

### **Goal 4 – Income Support for People who are not Self-Sufficient**

Manukau City Council will:

- Help provide income support to working age beneficiaries through provision of information and assistance
- Support Food in Schools Project

#### **Council Teams Involved**

- Community and Economic Development – Community Development Services

#### **Partners**

- Work and Income New Zealand - Citizens Advice Bureaux – Community networks and action groups – Community Advisors – Te Ora o Manukau/Manukau the Healthy City - Manukau Foodbank - religious and community groups - Tomorrow's Manukau stakeholders

**Budget sought 2004/05: None**

## **Goal 5 – Manukau Families Feel Personally Safe**

Manukau City Council will\*:

- Prioritise injury prevention programmes for:
  - children under five years
  - people over 65
  - Maori
  - Pacific Peoples
- Support anti-bullying programmes in schools and social marketing campaigns
- Support programmes for groups working with violence in the home e.g. Women's Refuge and Victim Support, South Auckland Family Violence Prevention Network (SAFVPN)
- Support implementation of Te Rito – NZ Family Violence Prevention Strategy for education/communication to promote intolerance to violence, neglect and abuse (\$5,000)
- Promote personal awareness across the City of ways of keeping safe

### **Council Teams Involved**

- Community and Economic Development - Community Development Services – Road Safety Co-ordinators – Manukau on the Move – Safer Manukau - Environmental Management

### **Partners**

- Injury Free Counties Manukau – Kidsafe Coalitions – Health Promoting Schools – ACC – SAFVPN – Te Ora o Manukau/Manukau the Health City - Schools - Counties Manukau District Police - Community networks - Tomorrow's Manukau stakeholders - Child Advocate – Trust Manukau

\* These actions support Council's community safety strategy and action plan

**Budget sought: \$5,000**

## **Goal 6 – Affordable Accommodation**

Manukau City Council will:

- Develop an Affordable Housing Action Plan

### **Council Teams Involved**

- Community and Economic Development – Environmental Management - Community Development Services

### **Partners**

- Housing New Zealand - Tomorrow's Manukau stakeholders – Child Advocate

**Budget sought 2004/05: None**

## **Goal 7 – Healthy, Good Quality Homes, Not Crowded**

Manukau City Council will:

- Support adoption of programmes to:
  - upgrade poor housing which contributes to health and education difficulties, with a focus on families with young children and older people
  - reduce number of houses that need significant upgrading
- Support research to investigate the relationships between energy efficiency and health impacts
- Support insulating homes of low income families (\$10,000)

### **Council Teams Involved**

- Community Development – Environmental Management – Tomorrow's Manukau

### **Partners**

- Housing New Zealand – CMDHB – Wellington School of Medicine – Otara Health – Energy Efficiency Conservation Authority – Tamaki ki Raro Trust - Primary Health Organisations - Tomorrow's Manukau Stakeholders

**Budget sought 2004/05: \$10,000**

## **Goal 8 – People Working Together to Achieve Results**

Manukau City Council will:

- Develop programmes to support and resource local communities to build their capacity on issues relating to alcohol and drug abuse through:
  - Alcohol Strategy and Safety Strategy-related projects (community education - \$30,000)
  - Gaming Venue Policy development
- Provide support for projects which create long term social benefits (e.g. New Settler's Policy and Action Plan, Disability Policy, Affordable/healthy housing)
- Provide support to Social Science Research Monitoring Group
- Help stimulate community based services for healthy lifestyles e.g.
  - Disability Strategy
  - Positive Ageing Action Plan
- Promote information sharing between government departments and others
- Participate in contributing to implementing 'Achieving Health for All' 2003
- Auckland regional public health action
- Co-operate with business to develop programmes to empower community groups to work more effectively
- Develop protocols between key agencies and organisations that outline how they can best work together, e.g.:
  - Consultation guidelines

### **Council Teams Involved**

- Community and Economic Development - Environmental Management Services - Tomorrow's Manukau - Environmental Management

### **Partners**

- Counties Manukau District Health Board - Te Ora o Manukau/Manukau the Health City - Counties Manukau Health Council - Tomorrow's Manukau stakeholders - Mana Whenua-Taura Here - Ministry of Health/government agencies – HANZ – community networks – Police

**Budget sought 2004/05: \$30,000**

## **Goal 9 – A Manukau Voice in Regional and National Issues**

Manukau City Council will:

- Develop a capacity building programme for Council's contribution to public health action in Manukau by 30 June 2004

### **Council Teams Involved**

- Community Development - Community Development Services

### **Partners**

- Te Ora o Manukau/Manukau the Healthy Council - Counties Manukau Health Council - Counties Manukau District Health Board - Auckland Regional Public Health - Community Groups

**Budget sought 2004/05: None**

# APPENDIX 1 –PRIORITIES, DESIRED OUTCOMES AND RELEVANT COUNCIL POLICIES

Note: Council's contributions to addressing the health priorities outlined in this section are by way of advocacy, facilitation, co-ordination and support rather than direct service delivery. This information is provided to describe the alignment with Tomorrow's Manukau health goals with those of national and regional public health policy and Council's own policy frameworks for the purposes of evaluation and monitoring their role in the development of healthy public policy and environments.

## Goal 1 – Healthy People

### Priorities

- Cardiovascular and respiratory disease – Diabetes – Infectious diseases
- Oral health
- Suicide
- Mental illness
- Smoking
- Nutrition
- Obesity
- Alcohol and illicit and other drug use
- Gambling
- Cancer
- Child health care
- Injury
- Maori and Pacific Peoples' health
- New Settlers

### Desired Outcomes

- Reduce
  - Maori health inequalities
  - incidence and impact of cardiovascular and respiratory disease – diabetes – infectious diseases - the rate of suicides and suicide attempts – smoking – obesity – cancer – injury
- Improve
  - Maori and whanau health and wellbeing
  - oral health – health status of people with severe mental illness – nutrition
  - Pacific Peoples health and wellbeing
  - New Settlers health and wellbeing
- Minimise
  - harm caused by alcohol and illicit and other drug use – harm caused by problem gambling
- Ensure
  - access to appropriate child health care services
- Recognise
  - the value of Maori models of health and traditional healing – importance and unique role of Pacific communities – the value of cultural differences within New Settlers communities

### Manukau City Council Policies/Strategies

- Tomorrow's Manukau – Counties Manukau Health Council Annual Plan – Youth Policy – Smokefree Policy – Health Promoting Schools Strategy – Alcohol Strategy – Gaming Venue Policy – Te Ora o Manukau/Manukau the Health Cities Plan – Injury Free Counties Manukau Plan – Marae Policy – Strategic Plan: Te Tiri o Waitangi – Pacific Peoples' Policy and Action Plan – New Settlers' Policy and Action Plan – Recreation/Leisure Strategic Plan/Business Plan

## **Goal 2 – Fit and Active People**

### **Priorities**

- Physical activity
- Nutrition and obesity
- Smoking
- Cardiovascular disease and respiratory disease
- Injury

### **Desired Outcomes**

- Increase the level of physical activity
- Improve nutrition
- Reduce
  - obesity – smoking – incidence and impact of cardiovascular and respiratory disease – injury

### **Manukau City Council Policies/Strategies**

- Tomorrow's Manukau – Cycling and Walking Strategy – Passenger Transport Strategy – Health Promoting Schools Strategy – Smokefree Policy – Recreation and Leisure Services Strategic Plan/Business Plan – Injury Free Counties Manukau Plan – Parks Strategy

## **Goal 3 – High Standards of Public and Environmental Health**

### **Priorities**

- Land - Parks and open spaces
- Waste and litter - On-site wastewater disposal
- Noise
- Biodiversity - Biosecurity - Energy
- Air quality - drinking water quality - surface and ground water quality - recreational water quality
- Climate change
- Food safety
- Infectious diseases - Tattooists, skin piercers and beauticians - health registered and licensed premises
- Public toilets
- Burial and cremation services

### **Desired Outcomes**

- Provide high standards of public and environmental health protection

### **Manukau City Council Policies/Strategies**

- Tomorrow's Manukau - Environmental Monitoring Strategy - Property Strategy - Parks Strategy - Waste Management Plan - Nodal Development Town Centre Plans - Water Supply Management Plan - Wastewater Management Plan - Stormwater Catchments Plan - Emergency Management Plan - Alcohol Strategy - Environmental Services Business Plan - Health Act - Building Act - Resource Management Act - Local Government Act - Food Act - Litter Act - Hazardous Substances and New Organisms Act - Burial and Cremation Act - Other legislation

## **Goal 4 – Income Support for People who are not self-sufficient**

### **Priorities**

- Poverty
- Supporting environments

### **Desired Outcomes**

- Reduce poverty (including child poverty)
- Encourage family and whanau support and development

### **Manukau City Council Policies/Strategies**

- Tomorrow's Manukau - Child Poverty Action Plan - Economic Development Framework - Te Ora o Manukau/Health Cities Plan - Health Promoting Schools Strategy - Marae Policy - Pacific Peoples' Economic Development Framework - Maori Economic Development Framework - City and Local Area Development Strategy - Education and Employment Strategy - First Call for Children - Food in Schools programme/plan

## **Goal 5 – Manukau Families feel Personally Safe**

### **Priorities**

- Personal violence - community violence
- Road traffic injury
- Young people
- Dogs
- Alcohol and illicit and other drug use

### **Desired Outcomes**

- Reduce
  - violence in interpersonal relationships and families - schools and communities - road traffic injury - violence due to alcohol and illicit and other drug use
- Build a safer more support environment for young people
- Ensure safe control of dogs

### **Manukau City Council Policies/Strategies**

- Tomorrow's Manukau - Community Safety Strategy

## **Goal 6 – Affordable Accommodation**

### **Priorities**

- Poverty
- Affordability
- Housing for older people

### **Desired Outcomes**

- Reduce poverty
- Ensure homes are affordable at an economically sustainable level
- Provide and maintain affordable housing stock for older persons

### **Manukau City Council Policies/Strategies**

- Tomorrow's Manukau - Te Ora o Manukau/Healthy Cities Plan - Child Poverty Action Plan - Affordable Housing Action Plan - Housing for the Elderly Policy - Education and Employment Strategy - Clendon Renewal Programme (partnership with Housing New Zealand)

## **Goal 7 – Healthy, Good Quality Homes, not Crowded**

### **Priorities**

- Indoor air quality
- Dampness
- Energy efficiency
- Weather tightness

### **Desired Outcomes**

- Improve indoor air quality
- Build warmer and drier homes
- Promote efficient use of energy
- Reduce leakage in homes

### **Manukau City Council Policies/Strategies**

- Tomorrow's Manukau - Environmental Monitoring Strategy - Housing for the Elderly Policy - Education and Employment Strategy - Affordable Housing Action Plan - Building Act - Health Act

## **Goal 8 – People Working together to achieve Results**

### **Priorities**

- Public health action
- Community development
- Research and evaluation
- Outcomes
- Young people
- Policy and programme development
- Disabled people
- Working with Iwi and Maori - services for Maori - Maori health information
- Working with Pacific People - services for Pacific People - Pacific Peoples health information
- Working with New Settlers - services for New Settlers - New Settlers health information

### **Desired Outcomes**

- Encourage
  - effective public health action across the whole of the health sector - and educate for a non-disabling society with equal rights for disabled people
- Promote
  - healthy communities and healthy environments through community development -
- Make better use of research and evaluation in health development
- Achieve measurable progress on public health outcomes by working together
- Build an environment more supportive for young people
- Involve the whole community in health policy and programme development
- Remove barriers to Maori, Pacific People and New Settlers with disabilities
- Increase
  - Maori participation in decision making - participation of Pacific People in decision making - participation of New Settlers in decision making
- Improve
  - Maori health information to support effective Maori services - access to and the effectiveness of services for Pacific People - Pacific Peoples health information to support effective services
  - access to and the effectiveness of services for New Settlers - New Settlers health information to support effective services

### **Manukau City Council Policies/Strategies**

- Tomorrow's Manukau - Community Development Framework - Youth Policy - Knowledge Society Strategy - Consultation Policy - Disability Strategy - Marae Policy - Te Ora o Manukau/Health Cities Plan - Counties Manukau Health Council Annual Plan - Counties Manukau Community Health Forums - Pacific Peoples' Policy and Action Plan - Library Strategy (access to health information, research etc)

## **Goal 9 – A Manukau Voice in Regional and National Issues**

### **Priorities**

- Public health action
- Policy and programme development
- Health leadership
- Research and evaluation

### **Desired Outcomes**

- Encourage effective public health action, regionally and nationally
- Influence regional and national health policy and programme development
- Build strong regional and encourage strong national public health leadership
- Encourage better use of research and evaluation in regional and national health development

### **Manukau City Council Policies/Strategies**

- Tomorrow's Manukau - Te Ora o Manukau/Healthy Cities Plan - Counties Manukau Health Council Annual Plan - Local Government Act

## APPENDIX 2 - REFERENCES

Sources	Document	Links
Ministry of Health	New Zealand Health Strategy New Zealand Disability Strategy Achieving Health for All: A Framework for Public Health Action He Korowai Oranga/Maori Health Strategy Whakatataka/Maori Health Action Plan Pacific Health and Disability Action Plan Youth Health A Guide to Action The Well Child Framework Healthy Eating: Healthy Action, A Strategic Framework Health of Older People Strategy	<a href="http://www.moh.govt.nz">www.moh.govt.nz</a>
Counties Manukau District Health Board	A Strategic Plan for Counties Manukau District Health Board	<a href="http://www.cmdhb.org.nz">www.cmdhb.org.nz</a>
Manukau City Council	Tomorrow's Manukau 2003-2010	<a href="http://www.manukau.govt.nz">www.manukau.govt.nz</a>
New Zealand City Councils	Quality of Life in New Zealand's Six Largest Cities	<a href="http://www.bigcities.govt.nz">www.bigcities.govt.nz</a>
Public Health Advisory Committee	The Health of People and Communities	<a href="http://www.nhc.govt.nz">www.nhc.govt.nz</a>
National Health Committee	The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health Active for Life: A Call to Action	<a href="http://www.nhc.govt.nz">www.nhc.govt.nz</a>
Department of Prime Minister and Cabinet	Sustainable Development for New Zealand: Programme of Action	<a href="http://www.mfe.govt.nz">www.mfe.govt.nz</a>
Ministry of Youth Affairs	New Zealand Youth Suicide Prevention Strategy Youth Development Strategy Aotearoa	<a href="http://www.youthaffairs.govt.nz">www.youthaffairs.govt.nz</a>
Ministry of Social Development	Te Rito: NZ Family Violence Prevention Strategy The Agenda for Children	<a href="http://www.msd.govt.nz">www.msd.govt.nz</a>
Auckland District Health Board	The Proposed Strategic Plan for the Auckland District Health Board	<a href="http://www.adhb.co.nz">www.adhb.co.nz</a>
Local Government New Zealand	Localising Public Health	<a href="http://www.lgnz.co.nz">www.lgnz.co.nz</a>
Ministry of Pacific Island Affairs	Manukau City Pacific Capacity Building	<a href="http://www.minpac.govt.nz">www.minpac.govt.nz</a>



Te Kaunihera o  
**MANUKAU**  
 City Council

# COMMUNITY HEALTH ISSUES QUESTIONNAIRE



You can help shape Council's 'Health Plan for Tomorrow's Manukau'.

This questionnaire is an opportunity for you to let us know:

1. What you think are community health priorities for your area,
2. Whether you agree with the priorities that Council has chosen for the health plan,
3. Ways that **Council** could help you – and your community – to be healthier.

What's More? As a thank you for taking time to tell us your view, by including your name and phone number you will be entered into the draw for a pair of movie passes.

**Question 1:** Do you use any of the following Council services or facilities to stay fit and healthy? Yes/No (please circle)

Leisure Centres	Pools	Gyms
Parks	Community Facilities	Libraries

Other: \_\_\_\_\_

**Question 2:** Do you use any of these services or facilities to help you manage a health problem? Yes/No (please circle)

Leisure Centres	Pools	Gyms
Parks	Community Facilities	Libraries

Other: \_\_\_\_\_

**Question 3:** What should Council's priorities for health be?

Council has identified the following priorities for the Health Plan for Tomorrow's Manukau. Please choose four (in order) which you think Council should focus on first.

- |   |                          |
|---|--------------------------|
| Healthy people  | <input type="checkbox"/> |
| Fit and active people                                 | <input type="checkbox"/> |
| High standards of public and environmental health     | <input type="checkbox"/> |
| Income support for people who are not self-sufficient | <input type="checkbox"/> |
| Personal and community safety                         | <input type="checkbox"/> |
| Affordable accommodation                              | <input type="checkbox"/> |
| Healthy homes   | <input type="checkbox"/> |
| People working together to achieve results            | <input type="checkbox"/> |
| A Manukau voice in regional and national issues       | <input type="checkbox"/> |

Tomorrow's Manukau describes how Council plans to make our city one that is progressive, proud and prosperous. This work will include increasing the numbers of people in Manukau who are 'healthy and economically secure'.

Council doesn't provide personal health services directly. It is the responsibility of the Counties Manukau District Health Board and the Ministry of Health to do that. Council does, however, have an important role preserving and promoting public health. Registration and inspection of food premises is an example of this role. Council also supports health promotion, environmental management and community development programmes so that people are able to develop local public health issues, e.g. Council's alcohol strategy developed last year. Council also has a long history of supporting different groups and organizations so they can work together through Healthy Cities/Te Ora o Manukau and their charter signatories.

**Question 3: How important are these areas of public health to you?**

Please indicate how important each area is to you. Manukau City Council is involved with all of them. Tick the appropriate box for each area that reflects your view.

	Most important		Neutral	Least important	
	1	2	3	4	5
<b>Protecting public health</b>					
Safe food					
Noise control					
Litter					
Safe drinking					
Health education/information					
Promoting public health					
Having good and affordable health services					
Opportunities to be active/get fit/lose weight					
Being able to get healthy food					
Healthy housing					
Personal safety					
Community safety					
Mental health					
Disability issues					
Tackling child poverty					
<b>Maori Health</b>					
<b>Pacific Peoples' Health</b>					
<b>New Settlers'/Migrant Health</b>					
<b>Children's Health</b>					
<b>Youth Health</b>					
<b>Women's Health</b>					
<b>Older peoples' Health</b>					

Other: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Question 4:** *Your ideas. Thinking about Manukau's future, how can Manukau City Council help you and your community to be healthier (e.g. ideas to get healthier people, homes, communities and environments)?*

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**DEMOGRAPHIC INFORMATION**

Please circle the answer that applies to you.

<b>Are you:</b>		Male		Female	
		18-19	20-24	25-29	30-34
<b>Which age category are you in?</b>		40-44	45-49	50-54	55-59
		65-69	70-74	75-79	80 and over

**Which of the ethnic groups do you belong to?** *(circle answers that apply to you)*

New Zealand Maori	NZ European/Pakeha	Asian	Pacific Island
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Other (specify): \_\_\_\_\_

**Which suburb/area do you live in:** \_\_\_\_\_

**Do you:**

Own the house you live in	<input type="checkbox"/>
Rent the house you live in	<input type="checkbox"/>
Live in a house provided rent-free by your employer/or family member	<input type="checkbox"/>
Other (specify) _____	

**Are you:**

In the labour force:	Employed	Looking for work
Out of the labour force:	Retired	Student
		Homemaker

Other (specify): \_\_\_\_\_

**Which best indicates your individual income for the year (optional)**

Nil income or less	\$1-\$5,000	\$5,001-\$10,000
\$10,001-\$15,000	\$15,001-\$20,000	\$20,001-\$25,000
\$25,001-\$30,000	\$30,001-\$40,000	\$40,001-\$50,000
\$50,001-\$70,000	\$70,001-\$100,000	\$100,000 or more

To enter the movie pass draw please write your first name and telephone number here (optional):

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If you would like to receive a summary of the survey results and a copy of the draft plan to make a submission on before it is finalized please enter your full name and address below.

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

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**Please return completed questionnaire by Wednesday 28 May 2003, to:**

Post: Sue Zimmerman, Planner – Community Health and Well-being  
Manukau City Council  
Private Bag 76917, Manukau City

Fax: (09) 262 5171

**(Contact for information: (09) 262 8979 or [szimmerm@manukau.govt.nz](mailto:szimmerm@manukau.govt.nz))**

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# FEEDBACK FORM

## Draft Health Policy and Action Plan

- Your comments and feedback on the Draft Policy and Action Plan are welcomed by **THURSDAY 23 OCTOBER 2003**
- The development of the draft policy and action plan is the result of significant contributions from community and organisations committed to the health and wellbeing of the people of Manukau.
- If you want to provide comments in your own format or have further discussions about the draft, please contact me.

### DRAFT POLICY (P1-19)

*NB – The Plan Priorities and Goals section p13-18 provides information about Council's existing involvement with health goals and priorities.*

1. Do you support the role for Council outlined in the Introduction? (Pages 4-7)  
\_\_\_\_\_
2. Do you agree with the Plan Principles? (Page 10) - (these are based on the Ottawa Charter, policy reviews and community recommendations)  
\_\_\_\_\_
3. Should the partnership model (Page 11) include additional partners and outcomes? What are these?  
\_\_\_\_\_

### DRAFT ACTION PLAN (P19-26)

1. What do you think should be top priorities for each goal?  
\_\_\_\_\_
2. What should be included or taken out of the action plan?  
\_\_\_\_\_

### GENERAL COMMENTS

\_\_\_\_\_  
\_\_\_\_\_

### CONTACT DETAILS (OPTIONAL)

Name \_\_\_\_\_  
Address \_\_\_\_\_

Please indicate if you would like to receive the final policy and action plan.

YES / NO

**Please return this form to:**



**Attention:** Sue Zimmerman  
Planner Health and Well-being  
Manukau City Council  
**Address:** Private Bag 76917, Manukau City  
**Fax No:** (09) 262 5171  
**Email:** szimmerm@manukau.govt.nz

## HEALTH POLICY AND ACTION PLAN

### LIST OF WRITTEN SUBMISSIONS

Name	Organisation
B Lusk, Portfolio Manager	Ministry of Health
Community and Public Health Advisory Committee	Counties Manukau District Health Board
M Briggs, Regional Manager	Auckland Regional Public Health Service, Auckland District Health Board
R Tustin, General Manager	ALAC – Alcohol and Liquor Advisory Council
L McCarthy, Health Promotion Project Coordinator	Otara Health Incorporated
R Nash	South Auckland Family Violence Prevention Network (SAFVPN)
D McKeen	Counties Manukau Sport
Joint submission	Te Ora o Manukau and PIAC
	Manukau the Healthy City
C P Johnson	Papatoetoe
D Wolferstan	Tamaki ki Raro Trust
D Richards	Counties Manukau Health Council – Maori Caucus
D. O'Neill	SPARC
8 peer review submissions from Council officers	
51 community questionnaire returns (14 anonymous)	